

Sussex County Charter School for Technology
Wellness Committee Sept. 19th, 2017 at 8:15am

Call to Order: 8:21am

Committee Members

<i>Noreen Lazariuk</i>	<i>Present</i>
<i>Anna Burke</i>	<i>Present</i>
<i>Suzanne Kopy</i>	<i>Present</i>
<i>Kim Sokolewicz</i>	<i>Present</i>
<i>Michelle Syre</i>	<i>Present</i>
<i>Erica Syre</i>	<i>Present</i>
<i>Lee Weingartner</i>	<i>Present</i>
<i>Jessica Martin</i>	<i>Present</i>

1. Schedule:

- a. November -1st @8:15am
- b. January- TBD
- c. April- TBD

2. Review current policy

- a. Current Policy was reviewed by committee and the following revisions were suggested:
 - i. Page 5, Section (B 4) Nutrition Guidelines for All Foods and Beverages. The Board of Trustees will **not** permit food in that school this is not sold to students to be brought into school by parents, students, or staff members for classroom activities, parties, or snacks, or other food provided to students as incentive. Any occasion where food is brought into the school for such purposes must be approved by the Principal or

designee, who will ensure safeguards are in place to protect students who may have a food or related allergy.

- ii. Page 5, Section (C 1) School Coordinator, Delete
- iii. Page 6, Section (C 2) School Coordinator. The School Wellness Policy Coordinator shall also be responsible to ensure parents, students, representatives of the school food authority, teachers of physical education, school healthy professionals, the Board of Trustees, school administrators, are permitted to participate in the development, implementation, review and update of this Wellness Policy. **Deleted “general public”**
- iv. Page 6 –Page 7, Section (E 1 a-f.) Records, Delete.

3. Goals-Anna Burke

- a. Bulletin board has been added to lunch area with posters highlighting and encouraging good nutrition.
- b. Food Service Tab will be added to SCCST website to make it easier to locate all food service information such as the nutritional standards of the HHFKA, school lunch menu and a link will be added to include nutritional information, activities, recipes that encourages healthy food items and for students to make informed choices.
- c. Meet with committee 4 times a school year.
- d. School Wellness Week: Jan. 29- Feb. 2, 2018. Discussed introducing Yoga instruction to students as well as Brain Breaks, healthy recipes and announcements, etc. Will discuss in more detail at next meeting on Nov. 1st, 2017.
- e. Annual School Progress Report will be completed by May 1, 2018 and reviewed for 1st read at BOT meeting May 14, 2018.

4. Farm to table initiative

- a. Will be discussed at November meeting

5. Adjournment

- a. Meeting adjourned at 9:18am