



Available every day...

Chicken Patty or Spicy Chicken Patty on a Whole Wheat Bun

(All the sides included)



Salad Bar Choices

OFFERED DAILY
A Fresh Leafy Romaine or Mixed Greens Side Salad
 Fresh Carrot Sticks and Crisp Cucumbers

Come to the Did You Know Café and Enjoy a Delicious & Healthy Lunch!!



GRAB-N-GO Salads/ Bagged Lunches/Sandwiches



- Week 1:** Turkey & Cheese Sandwich or Salad Entree
- Week 2:** Chicken Parmesan or Salad Entree
- Week 3:** Chicken Caesar wrap or Salad Entree
- Week 4:** Italian Sub Sandwich or Salad Entree
- Week 5:** Hot Ham and cheese on a bagel or Salad Entree



PIZZA EVERY DAY- PLAIN/PEPPERONI

Assorted Fresh Fruits and Vegetables, 100% Fruit Juice, Fat free chocolate, 1%white, and skim milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><i>HAPPY NEW YEAR</i></p>	<p>2</p> <p>BARBAQUE BEEF with cheddar cheese served on a hero</p> <p>Baked Beans and seasoned Green bean</p>	<p>3</p> <p>CHICKEN PARMASAN SANDWICH</p> <p>TOSSED SALAD CHIPS</p>	<p>4</p> <p>CHINESE SWEET AND SPICY CHICKEN</p> <p>Stir fry rice</p> <p>Roasted Broccoli</p>	<p>5</p> <p>MOZZARELLA STICKS W/ Marinara Sauce</p> <p>Garlic Bread</p> <p>Crispy Fries</p>
<p>8</p> <p>PHILLY CHEESE STEAK</p> <p>Peppers, onion topped with cheddar cheese and Confetti Bean salad</p>	<p>9</p> <p>HOT ROASTED TURKEY over mashed potatoes and gravy</p> <p>Seasoned Carrots</p>	<p>10</p> <p>CHICKEN GYRO W/ Cucumber sauce</p> <p>Caesar salad</p>	<p>11</p> <p>NACHO or BURRITO Bar</p> <p>Beef or Fajita Chicken</p> <p>onions ,beans, cheese and Salsa</p>	<p>12</p> <p>CHICKEN TENDERS</p> <p>Kale Salad</p> <p>Thick cut seasoned Wedge Fries</p>
<p>15</p> <p>NO SCHOOL Martin Luther King Day</p>	<p>16</p> <p>MACARONI AND CHEESE</p> <p>Steamed broccoli Dinner roll</p>	<p>17</p> <p>CHICKEN Cordon bleu Sandwich w/ honey mustard dressing</p> <p>Green beans salad with a vinaigrette dressing</p>	<p>18</p> <p>BBQ BONELESS CHICKEN</p> <p>Rice and beans and served with seasoned carrots</p>	<p>19</p> <p>GRILLED CHEESE and HAM</p> <p>Tomato Soup and a Bag of chips</p>
<p>22</p> <p>POPCORN CHICKEN</p> <p>Chicken w/ Mashed Potatoes, Gravy and Corn</p>	<p>23</p> <p>CHEESE OMELET</p> <p>Home fries Biscuit</p>	<p>24</p> <p>CHICKEN TENDERS</p> <p>Tossed Salad</p> <p>Thick cut seasoned Wedge Fries</p>	<p>25</p> <p>PASTA BAR</p> <p>Meat sauce, Marinara, Alfredo sauce Dinner Roll</p>	<p>26</p> <p>ROASTED CHICKEN Rice Pilaf Dinner Roll</p>
<p>29</p> <p>BARBAQUE RIBS Baked Beans Steam carrots</p>	<p>30</p> <p>BURGER BAR CHOICE OF CHEESE</p> <p>Fixings Bar</p>	<p>31</p> <p>Pepperoni and cheese calzone Steamed Broccoli</p>	<p>1</p> <p>CHINESE POPCORN Chicken Stir Fry vegetable Veggie Eggroll</p>	<p>If you have any questions or concerns, please call Carla Brandt, GM's Secretary (978) 883-6700 x210</p>