



**Available Every Day:**  
Garden Burger, Chicken Patty or Spicy Chicken Patty on a Whole Wheat Bun



**ALL MEALS INCLUDE A TRIP THROUGH OUR THRIVE GARDEN BAR**  
Includes a variety of Salad Greens, Carrot & Celery Sticks, Chilled Corn, Chick Peas, Cucumber Coins and MUCH MORE!

**Come to the Did You Know Café and Enjoy a Delicious & Healthy Lunch!!**



**GRAB-N-GO SALADS**



**Monday:** Chicken Caesar Salad w/ Dinner Roll  
**Tuesday:** Asian Chicken Salad w/ Dinner Roll  
**Wednesday:** Chef Salad w/ Dinner Roll  
**Thursday:** Garden Salad w/ Dinner Roll  
**Friday:** Buffalo Chicken Salad w/ Dinner Roll



**PIZZA EVERY DAY- PLAIN & PEPPERONI**

**Offered Daily:**

Assorted Fresh Fruits and Vegetables, 100% Fruit Juice, Fat free chocolate, 1% White, and Skim Milk

Monday	Tuesday	Wednesday	Thursday	Friday
2	1 <b>Roasted Herb Chicken</b> Potato Wedges and a Dinner Roll	2 <b>Macaroni and Cheese</b> Steamed Broccoli and a Dinner Roll	3 <b>General Tso's Chicken</b> Brown Rice and Stir Fry Vegetables	4 <b>Beef Burrito</b> (beef, refried beans, shredded cheddar cheese) Steamed carrots
7 <b>Cheeseburger</b> Lettuce-Tomato-Onion Cinnamon Sweet Potato Fries	8 <b>Beef &amp; Cheese Nachos</b> Refried Beans	9 <b>Chicken Bruschetta</b> Steamed broccoli	10 <b>Hot Turkey Sandwich</b> (Turkey roast and gravy on sliced bread) Steamed Peas	11 <b>Chinese Chicken Bowl</b> Lo Mein and Asian Vegetables
14 <b>Chicken and Cheese Quesadilla</b> Cinnamon Sweet Potatoes	15 <b>Crispy Chicken Bowl</b> Popcorn chicken, mashed potatoes with corn topped with chicken gravy	16 <b>Lasagna Roll Up</b> topped with tomato sauce served with a Dinner Roll Spinach Salad	17 <b>Stir Fry Chicken &amp; Vegetables</b> served with Brown rice	18 <b>Buffalo Chicken Flatbread</b> served with Steamed Green Beans
21 <b>Pulled Pork Sandwich</b> Steamed carrots	22 <b>Crispy Chicken Tenders</b> served with Nacho Chips and Fresh Salsa Spinach Salad	23 <b>Twin Hot Dogs with Assorted Toppings</b> Diced onions & Sauerkraut Steamed Corn	24 <b>Chicken &amp; Waffles</b> (chicken nuggets, mini EGGO waffle & Syrup) Three Bean Salad	25 <b>Chicken Fajita with Peppers and Onion</b> served with Tomato and Corn Cilantro Salad
28 <b>Pancake Mustang Griddle Sandwich</b> (sausage & egg served between two pancakes) Sweet Potato Bites	29 <b>Popcorn Chicken</b> served with a Dinner Roll and Straight Fries	30 <b>BBQ Chicken</b> served with Brown Rice and Dinner Roll Steamed Broccoli	31 <b>Meatball Parmesan Sub</b> served with Steamed Green Beans	<b>QUESTIONS OR CONCERNS: CALL</b> Carla Brandt, GM (973)383-6700 X210