

PHYSICAL EXAMINATIONS and SPORTS PARTICIPATION PHYSICAL EXAMINATIONS

Dear Parents and Guardians,

This letter is meant to serve as a guide to the 4 page Preparticipation Physical Evaluation Forms which can be found in this packet and on sussexcharter.org under the School Nurse tab. As Sussex County School for Technology requires all new students and all athletes to have physical examinations I've enclosed the paperwork necessary for both.

New Students

The Board of Education requires that all newly enrolled students provide documentation of a physical examination. This examination must be dated within the 365 days prior to your child's first day of school. Please find the enclosed physical examination form and submit this document before your child's first day of school. If your child will not be participating in any sports this academic year, kindly have your healthcare provider fill out the form titled Physical Examination Form and return it to school as soon as possible.

Athletes (New and Returning Students)

The State of New Jersey requires all students who will be participating in intramural and/or interscholastic sports to have preparticipation physical examinations. If your child will be participating in sports this academic year please have your healthcare provider fill out the Physical Examination Form and the Clearance Form completely. Unfortunately, if I do not receive current, complete forms your child will not be able to participate in any kind of after-school sport. In addition to the above mentioned forms, a parent or guardian is responsible for completing the Health History Form and The Athlete with Special Needs: Supplemental History Form before your child can participate in any sport.

In summary, if your child is a new student who will not be playing any sports this year, only the Physical Examination Form is required. If your child (new or returning) is planning to join any team, all 4 forms must be filled out completely and returned to school before they will be permitted to participate.

If you have any questions or concerns please feel free to contact me.

Thank you,
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